# The Lincoln Ledger

# Principal's Message

#### Lincoln School 2016-2017

#### **Mission Statement:**

Our commitment at Lincoln School is to provide a safe and academically challenging environment for our students that will foster critical and innovative thinkers, problem solvers, and lifetime learners.

#### **Vision Statement**

We have great expectations for each of our students regarding academic performance, extracurricular activities, and behavior. Our faculty will work diligently to create classroom atmospheres which meet the needs of our students' academic levels and learning styles. Teachers will design instruction that will empower students to communicate effectively, collaborate with others, promote global awareness, increase social skills, creatively solve problems, and foster Twenty First Century Skills.

#### Goals

To increase the overall academic achievement of all students in Language Arts and Mathematics..

To expand the use of Technology in the instructional program for all students

Fran Pastore

## Events & Activities Around Town

#### **Upcoming Special Events**



**Alonzo Bodden** (Winner of Last Comic Standing) *Free Admission*- Adults 18 and Over Show.

Saturday February 25, 2017 pm North Bergen Recreation Center 6300 Meadowview Ave.

### **Upcoming Town Movies (All Ages) Free Admission**



### **Star Trek Beyond** Saturday January 28, 2017- 12:30 pm North Bergen Library 8411 Bergenline Avenue



### **Storks** Saturday February 11, 2017- 12:30 pm North Bergen Library 8411 Bergenline Avenue



**Dr. Strange**Friday March 3, 2017- 6:30 pm
Nutrition Center 1445 St



Secret Life of Pets TBA- April 2017 North Bergen Recreation Center 6300 Meadowview Ave.

Nick Sacco, VP

## Counselor's Corner

Lincoln School teachers and students work very hard to promote positive character education in the school. Teachers have special lessons and students help create bulletin boards, which create a sense of community within the school. The following are some examples of the work they have done:







Additionally, the Ambassadors of Kindness of Lincoln School have started to work with teachers grades 1-3 to help with conflict resolution issues. They are assigned to classrooms and have introduced themselves to the teacher and students. Several of these students perform

role-playing scenarios on how to react in certain situations and what students can do to help others. They are also carrying through our theme for this year about kindness. They are truly trying to promote kindness to be the first reaction we choose.

Diana Englese

denglese@northbergen.k12.nj.us

# Sports Talk

Ready to shoot some Hoops!!! Coach Arthur Pena and Coach Saul Garcia worked hard forming this year's Girls'/Boys' Basketball Teams.



#### Girl's Team

Kayla Dupoux, Miranda Olivo, Kimberly Betancourt, Jennifer Astimbay, Nicole Paula, Genesis Montero, Aaliyah Garcia, Sofia Orjuela, Jahnel Acosta, Melanie Baidae, Olivia Stone, Alexa Arroyo



#### Boy's Team

Elijah Camacho, Nazir Nwadike, Eric Munoz, Derrick Feaster, Abel Cantos, Elijah Dupoux, Donnie Rego, Kevin Munoz, Gonzolo Rios, Evan Cabrera, Nick Usme, Nicholas Banchon, Andy Rodriguez, Jordan Brown, Juan Rivera

The Lincoln School boy's and girl's basketball teams are excited and ready to end the season strong! The current record for both teams is 1-3. They have played against most of the other schools: Robert Fulton, Franklin, Horace Mann, Kennedy, Mckinley, and Anna L. Klein. The team's new players are excited to be working together, full of energy and have shown high positive spirits in every game.

The top scorers of the girl's basketball team are Kayla Dupoux, Jahnel Acosta, Melanie Baidae, Miranda Olivo, and Kimberly Betancourt. The team works very well together and is continuing to improve, with mostly newcomers to the team. The top scorers for the boy's basketball team are veterans from last year's championship team. They are Nazir Nwadike, Elijah Camacho, Abel Cantos, Eric Munoz, and Evan Cabrera. New to the team and expected to contribute is Derrick Feaster.

Good luck to this year's boy's and girl's basketball teams!

Sage Mosleh

# Lincoln School Scoop

### Parents' Night

On November 29, Lincoln School opened its doors to welcome all parents attending our first Parents' Night of the 2016-2017 school year. The turnout was very satisfactory and the school stayed opened until after 9:30 PM. Also during this time, the 8th grade was able to hold their bake sale to raise money for the graduating class of 2017.

#### Winterfest

On December 4, North Bergen held the 2016 Winterfest between 76th and 85th Streets on Bergenline Ave. It is a great tradition in our town to spend a winter night with all our kids and their families, enjoying the free rides and the good food offered by the restaurants in the area.

### **Holiday Sale**

Our Holiday Sale was held from December 6th through the 8th, 2016. We can gladly announce that it was a huge success thanks to the Student Council participation, together with volunteers from grades 7 and 8.

On a personal note, thanks to all the teachers, teachers' aides, custodians and administration for all your help.

#### **Christmas Concert**

On December 7, The High School Music department made their annual trip to Lincoln to delight us with holiday music performed by the High School Band, along with Christmas songs performed by the High School Choir. They were awesome!



#### **Winter Concert**

On December 14th, Lincoln School held our annual Winter Concert. Grades 3-8 had the pleasure of listening to the sounds of the season from our talented chorus and band. Special thanks to Ms. Costales, Mr. Zandomenego, and Mr. Murphy for

doing a fantastic job preparing our students! The concert was a huge success and it was a pleasure for all to see the talented students of Lincoln School!

#### **Toy Drive**

At the request of the North Bergen Police Department, the Student Council and representatives from the 7th and 8th grades participated in the annual Toy Drive. We collected a significant amount of toys to be distributed throughout the community, keeping alive the true meaning of the Christmas season, sharing.

#### First Grade Holiday Show





Once again, on December 22, Lincoln school was delighted to see the annual show performed by our first graders and directed by their dedicated and hardworking teachers. Even the teachers joined in for a holiday sing-a-long. Students and their families enjoyed the show that has become a tradition in Lincoln School.

Eugenia Perez

# Health News

HELP KEEP YOUR CHILD HEALTHY AND FLU-FREE



With flu season upon us, it is important that we work together to keep our students and each other healthy. Viruses spread easily among children in schools, and families with school-age children have a higher risk of infection than others. On average one-third of these family members get sick each year. Working to keep our children flu-free, we benefit our entire community. The flu is caused by a virus, therefore it cannot be treated with antibiotics. Only the flu shot can help prevent the illness. Children over the age of 6 months and up can receive the flu shot so check with your doctor.

You can help prevent the spread of the flu or help your child get better if he/she does become sick by following a few simple steps:

- If possible, you and your child should get your flu shot.
- Teach your child to cover their nose and mouth when sneezing or coughing.
- Wash hands frequently with soap and water for at least 20 seconds. Or use hand sanitizer if water is not available.
- Disinfect frequently-touched or shared items often.
- Teach your child to not touch their eyes, nose and mouth.
- If your child is sick and has a fever keep them home until 24 hours fever free to prevent the spread of illness to others.

Is it a COLD or the FLU? (From Center for Disease Control and Prevention)

| Symptoms                    | Cold   | Flu  |
|-----------------------------|--|--|
| Fever                       | Rare in adults and<br>older children, but<br>can be as high as<br>102 F in infants<br>and small children | Usually 102 F, but can go<br>up to 104 F and lasts 3-4<br>days |
| Headache                    | Rare   | Sudden onset and may be severe                                 |
| Muscle aches                | Mild   | Usual, and often severe  |
| Fatigue and<br>Weakness     | Mild   | Often extreme and can last 2 or more weeks                     |
| Runny nose                  | Often  | Sometimes  |
| Sneezing                    | Often  | Sometimes  |
| Sore throat                 | Often  | Sometimes  |
| Cough                       | Often  | Often  |
| Nausea, Vomit &<br>Diarrhea | Rarely   | Sometimes in young children                                    |

If you are concerned about your child's flu symptoms, call your doctor early. Always call your doctor immediately if your child has a chronic disease such as diabetes or moderate to severe asthma. Some that are ill may benefit from an antiviral medication, which can be prescribed by a doctor and can help lessen the duration and severity of the flu. To be effective, antiviral medicines should be taken within 12-48 hours after flu symptoms begin.

If you have any questions call your doctor or school nurse.

Nurse Nancy Higgins, R.N. 201.295.2848

# Vice Principal News

#### Good Luck Mr. Bafumi!

Lincoln School would like to wish our former Vice Principal, Mr. Bafumi, the best of luck as he transitions to his new position as Principal of Kennedy School! Mr. Bafumi started his teaching career at Lincoln School back in 1998. We are all very fortunate to have the opportunity to work with him throughout the years. A breakfast was held on December 19th to honor Mr. Bafumi and congratulate him on his promotion. We wish him all the best!



#### Welcome Mr. Sacco!

Since the beginning of the school year, Mr. Sacco has been with us at Lincoln School as Vice Principal. His warm presence and positive attitude has allowed him to achieve a great rapport with both teachers and students. Since the very first day of

school, Mr. Sacco has made it his priority to personally get to know the students of Lincoln School and everyone on staff. We are all looking forward to having him here as our Vice Principal for years to come!

Jaclyn Roos

# Kindergarten News

The Lincoln Annex faculty and staff would like to wish you all a very happy and healthy new year! December was a very busy and productive month at the Lincoln Annex. The students were visited by Santa Claus, who brought along a gift for each student. Before the Holiday Break, the students watched Elmo's World Christmas together in the Lincoln Annex Cafetorium. The Kindergarten students also had the chance to watch the Lincoln School chorus and band perform their Christmas Concert.

The Lincoln Annex teachers would like to remind parents to please review Literacy skills at home every day. Some of the the skills that should be reviewed daily include: identifying uppercase and lowercase letters out of order, tapping out sounds in words, reading CVC words (as well as nonsense words), and reading and writing sight words. Most importantly, don't forget to read aloud to your child every night!

Diana Ferrer

Scholastic Book Fair



The book fair: that time of year when bookworms rejoice at the thought of shamelessly spending money on bookmarks, stationery, and BOOKS! The 2016-2017 Lincoln School Book Fair took

place from November 28 to December 2 in the media center and was organized by Ms. Rust and Ms. Lawsky. The goal of this year's fair was to surpass last year's book total of 875 and according to Ms. Lawsky, the book fair was very successful in terms of sales. Preparation for the book fair began about a month prior to the commencement of the sale. It usually takes Ms. Rust and Ms. Lawsky an afternoon to set up all the books depending on how many student volunteers are available to help. Of course, everything that goes up must come down and as Ms. Rust expressed, "cleanup is not my favorite part." However, Ms. Lawsky and Ms. Rust's job goes much further than just organizing and setting up the book fair. They also have the delicate and exciting job of helping students find the right book for their tastes. The book fair offers students so many interesting options that it can be intimidating for some students, but luckily for them, Ms. Lawsky and Ms. Rust take a special interest in helping students pick out their favorite book. While this year's fair was successful it is important to note that the sale does not actually generate money but rather Scholastic dollars. The school then uses the Scholastic dollars to pay for new books and technology. In the past these Scholastic dollars were used to buy SMARTBoards, headphones, and books.

Even though the fair is over, the media center and the North Bergen Public Library offers students a wide variety of books, DVDs, and magazines that appeal to all interests. So, go find a comfy quiet place and curl up with a good book!

Natalie Nazar

# Fun Facts from Mr. Pastore



- The fastest bird is the peregrine falcon. It can fly at a speed of 168-217 miles per hour.
- The largest egg laid by a living bird is that of the North African Ostrich. It is 6 to 8 inches in length and 4 to 6 inches in diameter.
- The hottest continent on earth is Africa, where a record high of 136.4 degrees F was once recorded.
- Antarctica is the coldest continent on earth, where a temperature of 126.9 degrees F below zero was once recorded.
- Chicago is home to three of the five tallest buildings in the world: the Sears Tower, Standard Oil Building, and John Hancock Center.
- The hottest place on earth is in Dallol, Ethiopia, which is a sizzling 94 degrees in the shade on a typical day
- Angel Falls in Venezuela is 20 times taller than Niagara Falls.
- The blue whale is the largest animal that ever lived (it could reach 100 feet long and weight up to 150 tons!)
- Wilt Chamberlain scored 100 points in a basketball game in 1962, when he played for the Philadelphia Warriors.
- The longest movie made lasts 85 hours and is fittingly titled "The Cure for Insomnia."
- Mount Everest is the tallest mountain in the world, standing 29,028 feet high.
- Did you know that there is a world record for seeing how many times you can attempt a world record?
- The largest baby to be born so far weighed in at 15 pounds, 5 ounces!
- The longest recorded flight of a chicken is thirteen seconds.

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# 7<sup>th</sup> Annual Spelling Bee



Lincoln School held its 7<sup>th</sup> annual spelling bee on Friday, January 6<sup>th</sup>. There were 42 contestants that qualified to participate in the school bee after placing in the top spots in the individual classroom bees. The enthusiasm and competitive drive was felt by everyone in the audience as contestants courageously spelled words like *burglarious*, *constabulary*, and *marionette*.



The winning word, however, was *pugnacious* spelled correctly by our 7<sup>th</sup> grade first place winner, Johanna Aguilera! Johanna will advance to the Hudson County Spelling Bee on February 11<sup>th</sup> at 10 a.m. at Secaucus High School's Performing Arts Center (in the event of inclement weather, the date will be February 18<sup>th</sup>). She won a trophy and \$75 gift card to Target. Our second place winner was 8<sup>th</sup> grader, Dany Montufar, a former winner and county competitor who won a plaque and \$50 gift card. Our third place winner was 7<sup>th</sup> grader, Sasha Cabeza, who won a \$25 gift card and a medal. All 42 contestants will celebrate their hard work and efforts with a pizza party on Friday, January 20<sup>th</sup>.

Inaya Jaafar, Co-Editor

Co-Editors: Inaya Jaafar & Stephanie Lubroth